



Weekly Menu

Cafe Rowan Oct. 19th-23rd

Monday

entrée: Oven Fried Chicken
entrée: Char Grill Pork Chop
side items: Macaroni & Cheese, Hot German Potato Salad
side items: Roasted Zucchini and Squash, Green bean Casserole
Dessert: Dutch Apple Crumble
exhibition **Mediterranean Salad**
soup: Tomato Bisque, Soup of the Day

Tuesday

entrée: Spanish Braised Beef
entrée: Chicken Enchiladas
side items: Cilantro Rice, Roasted Corn
side items: Spanish Roasted Potatoes, Fresh Vegetable medley
exhibition **Build Your Own Nachos**
soup: Southwest Tortilla, & Soup of the Day

Wednesday

entrée: Baked Salmon Florentine
entrée: Braised Chicken breast with Lemon
side items: Israeli Cous Cous, Escalloped Potatoes
side items: Roasted Cauliflower, Fresh Vegetable medley
Dessert: Cherry Pie
exhibition **Pasta Basta Bar**
soup: White Chicken Chili, & Soup of the Day

Thursday

entrée: Beef and Broccoli
entrée: Teriyaki Chicken Thighs
side items: Lo Mein with Vegetables, Asian Spiced Broccoli
side items: Sesame Green beans, Egg Rolls
exhibition **Thai Chili Stir Fry with Shrimp**
soup: Thai Tomato Soup, & Soup of the day

Friday

entrée: Chicken and Dumplings
entrée: Meat Loaf
side items: Mashed Potatoes, Mac & Cheese
side items: Peas and Carrots,
Dessert: Peach Cobbler
exhibition **Chicken Wings**
soup: Broccoli and Cheese, & Soup of the Day

Week One

Saturday

entrée	Chefs Special
entrée	Chefs Special
sides	Chefs Special
sides	Chefs Special

Sunday

entrée	Chef Special
entrée	Chef Special
sides	Chef Special
sides	Chef Special

*Menu is subject to change due to availability.

